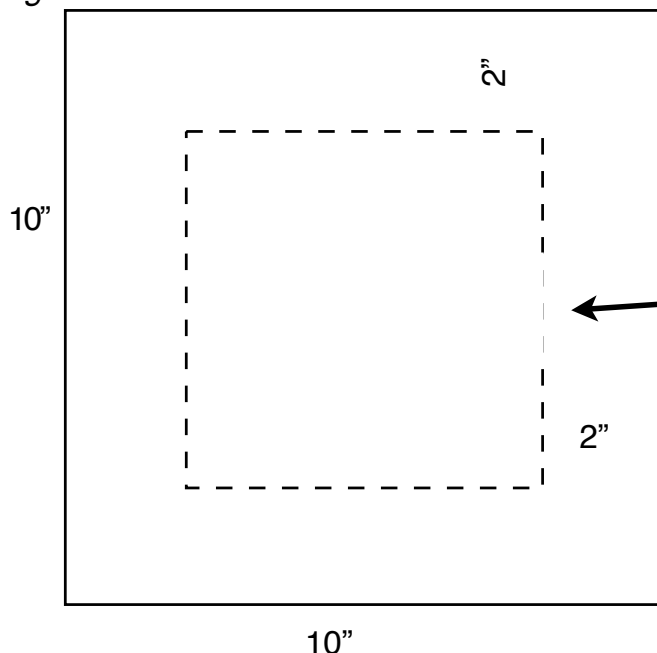


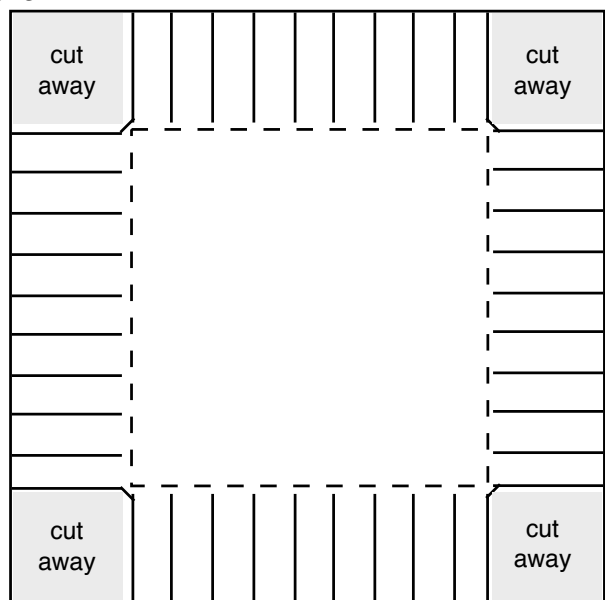
# Hug Pillows Instructions

figure 1



- 1) Layer two 10" squares of fleece
- 2) Stitch 2" from edges all away around square, leaving 2 - 2 1/2" opening for stuffing (figure 1)

figure 2



- 3) Cut 2" square out of each corner (fig. 2)
- 4) Cut fringe 1/2-3/4" wide from edge of fabric to 1/8" from stitching all around square (fig. 2)
- 5) Stuff lightly
- 6) Insert wooden heart 1 1/2" to 2" across and 1/4 to 1/2" thick
- 7) Tie matching (front & back) fringe strips together. Important - either stitch opening closed before tying fringe or tightly double knot fringe at opening to make sure heart doesn't fall out. Rest of fringe can be tied with a single knot.
- 8) Attach note: "When you feel the heart inside this pillow, remember that someone cares about you and loves you." (or a similar message)

## Notes:

This project is a good use of fleece fabric scraps

If purchasing fleece fabric, it is usually 60" wide so you can get six 10" squares across. 1 3/4 yards will yield 36 squares or 18 pillows.

It's also fun to use 2 different colors or designs of fabric for the back and front of pillow.